

SENDCAA NEWS

Volume 19 Issue 6

June 2017

Child Re-enrollments

It's that time of year again! Providers with the last names **A-G** should have received their packet from the SENDCAA office at the beginning of June. **Do not re-enroll the children in your care until you receive your packet. Read the letter carefully that came with your packet for specific details.**

- They are due back by June 20th. If you have summers off, hold on to your packet until you reopen again.
- If you are waiting for a signature and the deadline is approaching, send in what you have.
- Child enrollments must be signed by you and the parent/guardian.
- The renewal form must reflect the days and meals the child is in your home.
- The date signed must reflect the renewal month.
Example: June 2017
- If a parent signature is missing for a child, we assume the child is no longer in your care and will be deleted.
- Providers with the last names **H-N** will receive re-enrollments around **July 1**. Last names **O-Z** will arrive around **Aug 1, 2017**

How to credit a Smoothie



- ◆ Smoothies can be served in any CACFP meal and snack. The USDA recommends limiting smoothies to one meal or snack per day and must meet the minimum portion of each component credited.
- ◆ Pureed fruits and vegetables in smoothies credit only as **juice** toward the fruits or vegetables components, based on the volume after pureeing. Effective October 1, 2017, CACFP facilities must limit juice to no more than one meal per day, including snack.
- ◆ The new CACFP meal patterns contain a separate vegetables component and fruits component. Smoothies that contain a mix of pureed fruits and vegetables or 100% fruit and vegetable juice blends contribute to the CACFP meal patterns based on the predominant ingredient. If vegetable juice or puree is greater than fruit juice or puree, the smoothie credits as juice toward the vegetables component. If fruit juice or puree is greater than vegetable juice or puree, the smoothie credits as juice toward the fruits component.
- ◆ Milk in smoothies credits as the milk component if it is the appropriate type for each age group.
- ◆ At snack, a smoothie consisting of only milk and juice or pureed fruits/vegetables credits as either juice or milk. To be reimbursable, the snack must also include a second component. Juice cannot be served when milk is served as the only other snack component.
- ◆ Yogurt and soy yogurt in smoothies credit as meat alternates if they contain no more than 23 grams of total sugars per 6 ounces.
- ◆ Smoothies can contain additional ingredients such as oatmeal and peanut butter to improve flavor and consistency, but these ingredients do not credit toward the CACFP meal pattern requirements.

Example for a single portion

Ingredient	CACFP Credit
4 oz. fat free milk	½ c milk
½ c . frozen blueberries; pureed	½ c. juice
4 oz. low fat yogurt	1 oz. meat alternate
Oatmeal or peanut butter	none

October 2017 Revised Meal Pattern will be Implemented



We have recently conducted training sessions regarding the implementation of these new guidelines. During the next few months we will be continue to talk about these changes and share some specifics in our newsletter. This month we will focus on Breakfast. Starting October 1, 2017, you will have many more options for your breakfast menu. You will be able to substitute a meat/meat alternate in place of the grains component a maximum of 3 times per week! Yogurt, eggs, ham, cheese, and MORE, will be creditable at your breakfast!

At-Home Training Opportunities!

Receive up to 6 hours of Growing Futures approved training that go along with the 2017 CACFP Calendar. You can download and print the modules and quizzes from our website, submit them electronically through our website or call our office and we can mail you a hard copy.



Save the date
Fall Conference
October 28

Contact us:

Fargo
geril@sendcaa.org
1-800-726-7960
3233 University Drive South
Fargo ND 58104

Wahpeton
dianaf@sendcaa.org
701-642-3497

Grand Forks
bjmcnamee@hotmail.com

Find us online:



www.sendcaa.org

Sendcaa Child & Adult Care
Food Program

Welcome

Julia Clouse

to the
SENDCAA Food
Program



Here is a week's worth of menu ideas!

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> Whole Grain Toast Bananas Milk 	<ul style="list-style-type: none"> Scrambled eggs Apples Milk 	<ul style="list-style-type: none"> Cheerios Peaches Milk 	<ul style="list-style-type: none"> Yogurt Bagel Oranges Milk 	<ul style="list-style-type: none"> French Toast Mixed Fruit Milk
Lunch	<ul style="list-style-type: none"> Pork Chops Mandarin Oranges Mixed Vegetables Whole Wheat bread Milk 	<ul style="list-style-type: none"> Ground Turkey Green peas Pineapple Brown rice Milk 	<ul style="list-style-type: none"> Cheese Carrots Applesauce Flour Tortilla Milk 	<ul style="list-style-type: none"> Beef Meatballs Fried Potatoes Zucchini Whole Grain Pasta Milk 	<ul style="list-style-type: none"> Fish Whole Corn Tortilla Strawberries Green Beans Milk
Snack	<ul style="list-style-type: none"> 100% juice Yogurt 	<ul style="list-style-type: none"> Bread Sticks Marinara Sauce 	<ul style="list-style-type: none"> Cantaloupe Milk 	<ul style="list-style-type: none"> Apples Muffins 	<ul style="list-style-type: none"> Cheese Cucumbers

"No Fry" Fry Bread

8 servings

- 2 2½ C. Flour
- 1 t. Salt
- 1 T. Powdered Milk
- 1 T. Honey
- ½ T. Yeast
- 2 T. Vegetable Oil
- ¾ C. Water

Directions:

Mix all ingredients in a mixing bowl to form a slightly tacky dough. Form into a large ball and let rise in a oiled bowl for 20-30 minutes. Divide dough into 8 equal pieces and flatten into roughly 6" ovals. Let rest for 15 minutes until just starting to rise. Bake in a 425 F oven for 7-10 minutes.



KidKare will be replacing Minute Menu

KidKare is the online claiming program that is replacing Minute Menu. The program is outdated and they are no longer able to keep it updated. Since it is a website that you will be accessing, (kidkare.com) KidKare can be used from any device with an internet connection: mobile phone, tablet, laptop, or desktop computer (including Apple!). If you haven't converted to KidKare yet, please call our office by contacting Heide at heidem@sendcaa.org or 701-232-2452 Ext. 126. Feel free to check out some webinar videos to get you better acquainted with the site help.kidkare.com.

USDA is an equal opportunity provider.