



Control # _____
Month/Year _____

I certify that all the information submitted as part of this claim is true and correct. I understand that this information is being given in receipt of federal funds and that deliberate misrepresentation of the information may subject me to prosecution under applicable state or federal law

USDA MEAL REQUIREMENTS		Day/Date: Holiday/Storm Day	Day/Date: Holiday/Storm Day	Day/Date: Holiday/Storm Day	Day/Date: Holiday/Storm Day	Day/Date: Holiday/Storm Day
BREAKFAST	Fruit/Vegetable					
	Grain/Breakfast Meat					
	Milk	W 1% S	W 1% S	W 1% S	W 1% S	W 1% S
MORNING SNACK	Serve from 2 food groups					
LUNCH	Meat/Alternate					
	Fruit					
	Vegetable					
	Grain Component					
	Milk	W 1% S	W 1% S	W 1% S	W 1% S	W 1% S
AFTERNOON SNACK	Serve from 2 food groups					
SUPPER	Meat/Alternate					
	Fruit					
	Vegetable					
	Grain Component					
	Milk	W 1% S	W 1% S	W 1% S	W 1% S	W 1% S
EVENING SNACK	Serve from 2 food groups					

Child's Name	Age
---------------------	------------

[illegible]**Totals:**

Daily Attendance:

Tier I

Tier II

TOTAL	Tier I	Breakfast_____	AM Snack _____	Lunch_____	PM Snack _____	Supper _____	Att_____	Days_____
	Tier II	Breakfast_____	AM Snack _____	Lunch_____	PM Snack _____	Supper _____	Att_____	Days_____

CACFP Meal Patterns

Breakfast (Select all three components for a reimbursable meal)			
Food Components	Ages 1-2	Ages 3-5	Ages 6-12
Vegetables, fruits, or portions of both	1/4 cup	1/2 cup	1/2 cup
Grains (whole grain or enriched)			
Bread	½ slice	½ slice	1 slice
Bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving
Cooked cereal, grain or pasta	¼ cup	¼ cup	½ cup
Ready-to-eat breakfast cereal (dry, cold)	½ cup	½ cup	1 cup
OR Meat/Meat Alternate (Maximum of 3 times per week)	½ ounce	½ ounce	1 ounce
Fluid Milk	½ cup	¾ cup	1 cup

Lunch and Dinner/Supper (Select all five components for a reimbursable meal)			
Food Components	Ages 1-2	Ages 3-5	Ages 6-12
Meat/meat alternates			
Lean meat, poultry, or fish	1 ounce	1 ½ ounce	2 ounces
Tofu, soy product, or alternate protein products	1 ounce	1 ½ ounce	2 ounces
Cheese	1 ounce	1 ½ ounce	2 ounces
Large egg	½	¾	1
Cooked dry beans or peas	¼ cup	¾ cup	½ cup
Peanut butter/soy nut butter/other nut or seed butters	2 Tbsp.	3 Tbsp.	4 Tbsp. (¼ c.)
Yogurt	4 ounces or ½ cup	6 ounces or ¾ cup	8 ounces or 1 cup
Peanuts, soy nuts, tree nuts, or seeds	½ ounce = 50%	¾ ounce = 50%	1 ounce = 50%
Vegetables	⅓ cup	¼ cup	½ cup
Fruits	⅓ cup	¼ cup	½ cup
Grains (whole grain or enriched)			
Bread	½ slice	½ slice	1 slice
Bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving
Cooked cereal, grain or pasta	¼ cup	¼ cup	½ cup
Fluid Milk	½ cup	¾ cup	1 cup

Snack (Select two of the five components for a reimbursable snack)			
Food Components	Ages 1-2	Ages 3-5	Ages 6-12
Meat/meat alternates			
Lean meat, poultry, or fish	½ ounce	½ ounce	1 ounce
Tofu, soy product, or alternate protein products	½ ounce	½ ounce	1 ounce
Cheese	½ ounce	½ ounce	1 ounce
Large egg	½	½	½
Cooked dry beans or peas	⅓ cup	⅓ cup	¼ cup
Peanut butter/soy nut butter/other nut or seed butters	1 Tbsp.	1 Tbsp.	2 Tbsp.
Yogurt	2 ounces or ¼ cup	2 ounces or ¼ cup	4 ounces or ½ cup
Peanuts, soy nuts, tree nuts, or seeds	½ ounce	½ ounce	1 ounce
Vegetables	½ cup	½ cup	¾ cup
Fruits	½ cup	½ cup	¾ cup
Grains (whole grain or enriched)			
Bread	½ slice	½ slice	1 slice
Bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving
Cooked cereal, grain or pasta	¼ cup	¼ cup	½ cup
Ready-to-eat breakfast cereal (dry, cold)	½ cup	½ cup	1 cup
Fluid Milk	½ cup	¾ cup	1 cup

SENDCAA Child and Adult Care Food Program
 3233 S. University Drive, Fargo, ND 58104
 701-232-2453 or 800-726-7960 - www.sendcaa.org

This institution is an equal opportunity provider.